

BEFORE IT'S TOO LATE

HAVE YOU FOUND OUT HOW...

HERE is a problem which must be faced NOW!

Vital facts which you must be prepared to learn—before it is too late.

Other factors of our national defence which have been dealt with on this page have had arguments for and against them.

This one has no argument against it. None, that is, except public lethargy.

Gas masks!

The proper use of gas masks during an emergency may be a matter of life or death to you and your family.

What do you know about them?

In the past few days thousands of people have crowded into town halls and schools throughout Britain to be fitted and instructed in their use.

In many cases the instruction has been hurried, unsatisfactory.

That is **YOUR** fault.

If you had accepted the Government invitation months ago there would have been no need for this storming of town halls, this hectic de-

mand on public-spirited citizens to deal with you in thousands.

The *Daily Mirror* gives you here the information you should have sought months ago.

1. The Government has made arrangements to provide gas masks—civilian respirators—in sufficient quantities to enable every man, woman and child to be equipped with one in the event of an emergency.

The masks are provided in three sizes—large, medium and small—and a protective device will be supplied for babies.

Efficiency depends on the correct size of gas mask. It is up to you to be fitted by a trained A.R.P. officer.

... the page that teaches
you to be
STRONG so
that Britain
will be
STRONG too



TO USE THIS YET?

That is why the size of mask you require must be known before distribution begins.

6. Once you have been fitted your Air Raid Warden will visit your home at intervals to note any changes such as removals, etc., to keep the list of local requirements up to date.

The warden will give advice and any information you require regarding the masks. The warden will also produce his or her card of appointment if required.

7. In cases where persons refuse to be fitted or refuse to allow their family to be fitted or instructed in the use of the gas mask a note of the refusal and the number of persons concerned will be taken and the local authority informed.

The refusal and its possible consequences are the responsibility of the householder.

At the same time a note will be made of the sizes of respirators which may be required in that house.

8. When fitted you will be informed of the size of gas mask required, and on distribution it will be boldly marked "L," "M," or "S."—large, medium or small.

With proper care there can be no mistake.

9. A wrong size of respirator will still afford effective protection, but will cause unnecessary discomfort.

10. The gas mask is removed after use by inserting the thumbs under the strap buckle and pulling forward over the head. It should not be removed by pulling at the filter.

These are the facts about gas masks.

Learn them!

Cut out this page and keep it!

Talk about the facts it gives. Above all, discuss it with your family—teach your children how to be safe.

There is nothing to be afraid of if you know what to do!

But—ignorance may mean death!

LEARN BEFORE IT IS TOO LATE.

By knowing the facts printed on this page you help to make Britain strong.

8 p.m. Frantic with headache

8.30 p.m. At concert pitch

The living witness

"May I express my grateful thanks for 'Genasprin'. As a musician, one has practically to live on one's nerves, and as a restorative or sedative I have yet to find the equal of 'Genasprin'."

F.G.C., London.

Half an hour ago, he was numb with pain and panic. Nerves had brought on a violent headache. His head was throbbing; his hands were trembling; he felt he couldn't play a note to-night.

But once more 'Genasprin' has seen him through. The two little tablets he took in his dressing-room soon stopped the throbbing, soothed and steadied his

jangled nerves. His first sonata was flawless. Already the recital is a success.

You, perhaps, may never have to face the limelight. But, whoever you are, whatever you do, you are bound to run up against nervous headaches. Then always keep 'Genasprin' handy. Nothing else can bring such quick and safe relief.

At any time of strain or pain

6d

1/3 2/- 3/6

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sees you through!

'GENASPRIN' IS SOLD ONLY BY QUALIFIED CHEMISTS

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